

Sandwiches

Totally Turkey

Turkey, Dijon mustard, lettuce, tomato, provolone, ciabatta

7.95

Java Club

Ham, turkey, provolone, bacon, lettuce, tomato, mayo, sourdough

8.50

Rajun Cajun

Turkey, Provolone, lettuce, tomato, chipotle mayo, sourdough

7.95

Chicken Club

Chicken, bacon, lettuce, tomato, mayo, ciabatta toasted

8.50

Tuna

Tuna mixed with chopped veggies, lettuce, tomato, sourdough

7.75

Grilled Ham & Cheese

Thinly sliced ham, Swiss, American cheese, grilled sourdough

7.95

(V) Grilled Cheese

American Cheese, grilled sourdough

6.50

Wraps

Chicken Caesar Wrap

Chicken, lettuce, tomato, parmesan, Caesar dressing, wheat wrap

7.95

Turkey BLT Wrap

Turkey, bacon, lettuce, tomato, mayo, wheat wrap

7.95

Spicy Tuna

Tuna, Swiss, arugula, hots, jalapeño wrap

7.75

Chicken Garden Wrap

Chicken, lettuce, tomato, cucumber, onion, pesto mayo, wheat wrap

7.95

Southwest Chicken

Chicken, lettuce, tomato, cheddar, chipotle mayo, jalapeño wrap

7.95

(V) Vegetable Wrap

Lettuce, tomato, cucumber, onion, carrots, cream cheese, basil pesto, jalapeno wrap

7.75

Panini

Chicken Panini

Chicken, fresh mozzarella, tomato, pesto, grilled ciabatta bread

7.95

Turkey Panini

Turkey, fresh mozzarella, tomato, pesto, grilled ciabatta

7.95

Tuna Melt

Tuna, Swiss, tomato, grilled ciabatta bread

7.95

Cuban Panini

Chicken, ham, Swiss, pickles, hots, chipotle, grilled ciabatta

7.95

Tomato Mozzarella

Tomatoes, fresh mozzarella, pesto, grilled ciabatta

7.75

From The Grill

Burger

Lettuce, tomato, pickle, mayo, brioche bun

7.50

Cheese Burger

Lettuce, tomato, pickle, American cheese, mayo, brioche bun

7.95

Philly Cheesesteak

Grilled onions & peppers, American cheese, lettuce, tomato, mayo, sub

8.95

Chicken Cheesesteak

Grilled onions & peppers, provolone cheese, lettuce, tomato, mayo, sub

8.95

Blackened Chicken

Lettuce, tomato, mayo, Jalapeno jack cheese, ciabatta bread

7.95

Veggie Burger

Lettuce, tomato, chipotle mayo, provolone cheese, brioche bun

7.95

Veggie Sub

Seasonal grilled veggies, provolone, lettuce, tomato, mayo, sub

7.95

Breakfast

Breakfast Burrito

Egg, sausage, cheese, potatoes, sauteed peppers & onions, chipotle mayo, flour tortilla

6.95

Breakfast Platter

Two scrambled or fried eggs, breakfast potatoes, 2 slice bacon

7.95

Western Omelet w/ Breakfast Potatoes

Ham, American cheese, peppers, onions

7.95

Veggie Omelet w/ Breakfast Potatoes

American cheese, peppers, onions, tomatoes

7.95

Side of Breakfast Potatoes

2.95

Turkey, Egg & Cheese

Turkey sausage, two eggs, Swiss cheese, English muffin

5.25

Ham, Egg & Cheese

Virginia baked ham, two eggs, American cheese, brioche bun

5.25

BLT

Bacon, lettuce, tomato, mayo, toasted sourdough bread

6.50

BLT +E

Bacon, lettuce, tomato, eggs, mayo, toasted sourdough bread

6.95

The BAE

Bacon, avocado, fried eggs, croissant

7.95

Bagel & Cream Cheese

2.95

Smoothies

Banana Berry

Almond milk, strawberries, bananas, yogurt

5.95

Berry Works

Almond milk, strawberries, blueberries, yogurt

Tropical Works

Almond milk, strawberries, bananas, coconut, yogurt

Protein Blast

Almond milk, peanut butter, bananas, protein

Salads

Chicken Caesar - chicken, parmesan, croutons, tomato, Caesar 8.50

Chicken Ranch - mixed greens, chicken, cheddar, bacon, egg, tomato, cucumber, buttermilk ranch 9.50

Southwest Chicken - mixed greens, romaine, chicken, tomato, corn, black beans, cheddar, tortilla strips, chipotle ranch dressing 9.50

Italian Chop - mixed greens, chicken, ham, pepperoni, provolone, cucumbers, tomato, olives, garbanzo beans, Italian dressing 9.50

Tuna - mixed greens, cucumber, tomato, balsamic 7.95

Garden - mixed greens, carrots, cucumber, tomato, onion, balsamic 6.95

Harvest Salad - Mixed greens, cranberries, apples, walnuts, feta, balsamic 7.95

Add chicken (3) Add salmon (5)

Order Online

